

# PALLIATIVE CARE IN ACTION

## Practical Tools for Your Practice

Sept. 28 • 7:30 a.m. to 12:45 p.m.  
Dearborn Innovations Center  
18200 Oakwood Blvd., Dearborn

Learn the latest tips and strategies that will help you provide excellent care to patients and families facing serious illnesses: Practical strategies for symptom management in light of new Michigan laws, leveraging the new MI-POST form and procedure to honor patient wishes for care at end of life across care settings, recognizing cultural and religious factors that influence health care delivery in the Muslim patient population, addressing requests for non-beneficial treatments and responding to spiritual distress.

### TARGET AUDIENCE

Beaumont primary care and specialty physicians, NPs, PAs, fellows, residents, students, nurses, social workers, administrators and spiritual care professionals.

### OBJECTIVES

- demonstrate awareness of MI-POST and how it can be leveraged to honor patient care preferences.
- recognize spiritual distress in the seriously ill patient.
- incorporate Mindfulness into everyday practice to promote resiliency.
- identify religious and cultural considerations that may influence healthcare delivery in the Muslim patient population.
- employ practical strategies to adhere to new Michigan Laws and manage pain and other symptoms using opiates
- negotiate requests for non-beneficial treatment

### REGISTRATION POLICY

Online registration will be open through Sept. 25. After this date all registrations must be done onsite the day of the event. Please note that cash cannot be accepted. Cancellations or refund requests must be received by Sept. 25; a \$25 cancellation processing fee will be assessed to all cancelled registrations. Cancellation or refund requests after Sept. 25 will not be honored. To cancel a registration, please send an email to [cme@beaumont.edu](mailto:cme@beaumont.edu) with the name of the activity and "cancellation" in the subject line.



### REGISTER ONLINE:

<https://beaumont.cloud-cme.com/palliativecare2018>

	EARLY BIRD RATE On or before Aug. 31	REGULAR RATE Sept. 1 - 25	ONSITE RATE Sept. 28
Beaumont Physicians	\$50	\$60	\$100
Beaumont health care professionals	\$25	\$35	\$75
Beaumont residents, students and fellows	Fee waived to attend, registration is required.		

*Full payment required to process registration.*

### QUESTIONS

CME: Jessica Rice at 248-551-0748 or [cme@beaumont.edu](mailto:cme@beaumont.edu)  
Other: Marilyn Begle at 248-743-9412

### ACCREDITATION

#### Medicine

Beaumont Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Beaumont Health designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing CE

Beaumont Health is an approved provider of continuing nursing education by the Ohio Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-378,10/1/2019). 4.1 contact hours will be awarded.

Participants must sign in, attend the entire conference and complete the evaluation form to receive contact hours.

#### Social Work

Beaumont Health System is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved provider number MICEC0026. 4 contact hours awarded (1 in ethics).

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### FACULTY & PLANNING COMMITTEE

**Stephen Axe, ThM**

Director, Spiritual Care, Beaumont, Troy

**Marilyn Begle, M.S., RN, CHPN, CCP**

Senior Director, Palliative Care  
Beaumont Home Health Services

**Marianne Burnett, M.A., BCC, ACHPC**

Manager, Spiritual Care Services  
Beaumont Hospital, Dearborn

**Linda Caurdy-Bess, LMSW, ACSW, ACM**

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Beaumont Hospital, Royal Oak

**Angela Chmielewski, M.D.**

Course Director, Director, Palliative Care  
Beaumont Hospital, Royal Oak  
Assistant Professor, Internal Medicine  
Oakland University William Beaumont (OUWB)  
School of Medicine

**Amapuri Deguia, M.D.**

System Medical Director, Beaumont Hospice

**Kevin Hickey, M.A., B.A., A.A.**

Palliative Care Chaplain, Beaumont Hospital, Royal Oak

**Ruth Lerman, M.D.**

Medical Director, Beaumont Center for Mindfulness

**Janice Levin, BBA**

Course Coordinator, Beaumont Hospital, Royal Oak

**Joan Phillips, MSN, NP, RN, ACNS-BC, FACHE**

Vice President & Chief Nursing Officer, Beaumont Health

**Moe Rustom, RN, MSN, M.S.**

Director, Clinical Interpretation and Translation,  
Clinical Language Services

**Carolyn Stramecki, B.S., MHSA, CPHQ**

Director, Honoring Healthcare Choices Michigan

**Ana Tyler, J.D., M.A.**

Clinical Ethicist, Beaumont

**Christine Westphal, NP, ACNS, ACHPN, FPCN**

Director, Palliative Care, Beaumont Hospital, Dearborn

### AGENDA

**7:30–8 a.m.**

Registration and light breakfast

**8–8:05 a.m.**

Opening comments

**8:05–9:05 a.m.**

*Plenary: The Benefits of Mindfulness and Strategies for Incorporating Skills into Everyday Practice in the Healthcare Setting*

Ruth Lerman, M.D.

**9:05–9:15 a.m.**

*Break*

**9:15–10:15 a.m.**

*Breakout Session 1*

- *Religious and Cultural Considerations When Caring for Muslims at the End of Life*  
Moe Rustom, RN, MSN, MSA, FACHE
- *Non-Beneficial Medical Treatments\**  
Ana Tyler, J.D., M.A.
- *How to Respond to Spiritual Distress: Practical Tips for the Non-Chaplain*  
Stephen Axe, ThM

**10:15–10:25 a.m.**

*Break*

**10:25–11:25 a.m.**

*Breakout Session 2*

- *Practical Strategies for Symptom Management in the Era of Stringent Laws on Controlled Substances\*\**  
Amapuri DeGuia, M.D.
- *Non-Beneficial Medical Treatments\**  
Ana Tyler, J.D., M.A.
- *How to Respond to Spiritual Distress: Practical Tips for the Non-Chaplain*  
Stephen Axe, ThM

**11:25–11:35 a.m.**

*Break*

**11:35 a.m. to 12:35 p.m.**

*Closing Plenary: MI-POST: Ready or Not, Here it Comes*  
Carolyn Stramecki, B.S., MHSA, CPHQ

**12:35–12:45 p.m.**

Closing comments

\*This lecture topic meets the State of Michigan CME licensing requirements on ethics.

\*\*This lecture topic meets the State of Michigan CME licensing requirements on pain and symptom management.